Cuffley kit list

To help you pack for your child's upcoming adventure, we've put together a recommended kit list below based on a 3 day trip (please see below in brackets the quantities to bring for 4 and 5 day trips).

- [ ] A bag or suitcase to carry all of your kit (no bin bags please)
- [ ] 3-4 T-shirts/long sleeve tops (4-5 for 4 days / 5-6 for 5 days)
- [ ] 2-3 Warm jumpers/fleeces (2-3 for 4 days / 3-4 for 5 days)
- [ ] 4-6 Pairs of socks (inc. some suitable for wearing boots/wellies) (5-6 for 4 days / 6-8 for 5 days)
- [ ] Woolly hat and gloves (weather dependant)
- [ ] Waterproof jacket and trousers
- [ ] Reusable drink bottle (at least 1 litre)
- [ ] Wash bag with personal hygiene items (no aerosols please)
- [ ] 2 plastic carrier/bin bags for dirty clothes
- [ ] 1 small rucksack for daily use
- [ ] 2-4 Joggers/leggings/trousers (no jeans please) (3-5 for 4 days / 3-5 for 5 days)
- [ ] 4-5 Sets of underwear (5-6 for 4 days / 6-8 for 5 days)
- [ ] Nightwear - pyjamas etc.
- [ ] Shoes (inc. outdoor trainers, hiking boots), plus wellies is the weather is looking to be wet
- [ ] Towel
- [ ] Sun cream and hat (weather dependant)
- [ ] Any medication your child takes such as an inhaler (please make sure it has your name on it)

Optional items to pack

- [ ] Torch - useful for reading at bedtime
- [ ] Cameras - ensure waterproof and inexpensive (disposable cameras are best)
- [ ] A book

Camping specific items to pack (Tented accomodation only)

- [ ] Sleeping bag (3 season is ideal)
- [ ] Pillow
- [ ] Roll mat

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Top tips for packing

Below we have included some helpful tips for packing ahead of your childs' trip;

- Help your child pack their bags so they know what you have packed for them.
- Casual, warm clothes are best.
- Please avoid bringing aerosol and others sprays, roll-on deodorant is fine.
- Ensure everything is labelled so that it can be easily identified.
- During the warmer months please make sure you have packed sunscreen and a hat.
- Please do not bring food, expensive clothing or gadgets as they may get dirty or lost.

Active Learning Centres cannot take responsibility for any items lost. We'll do our best to locate missing belongings, but we are not liable if they aren't found. Any items recovered after departure will be held on site for a short period of time, please contact our customer service team should any lost items arise.

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